

Joan Marie Polansky
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Phoenix, Arizona 85018
(602) 621-0468

TEACHING EXPERIENCES

- 2001-2004** **Associate Professor (Adjunct Faculty)**
Northern Arizona University Statewide Programs
(Phoenix, Arizona)
Taught: Research Methods, Assessment and Diagnosis,
Practicum, Counseling Methods, Theories.
- 1994-2000** **Assistant Professor of Counseling Psychology**
Internship Coordinator (1997-2000)
Lewis and Clark College (Portland, Oregon)
Taught: Mental Health Internship, Pre-internship, Pre-
practicum, Theories and Philosophies of Counseling, Brief
Therapies, Boundaries & Borders, & Career Counseling.
- 1993-1994** **Pre-Doctoral Intern**
University of Iowa (Iowa City, Iowa)
Taught: Practicum Seminar & Study Skills.
- 1990-1993** **Faculty Associate, College of Liberal Arts**
Arizona State University (Tempe, Arizona)
Taught: University Study and Survival Skills.

EDUCATION

1994	Ph.D.	Counseling Psychology	Arizona State University
1991	M.C.	Counseling	Arizona State University
1987	M.A.	Cultural Anthropology	Temple University
1979	B.S.	Cultural Anthropology	Northern Arizona University

LICENSES

Arizona psychologist license #3399
Texas psychologist license #34967

CLINICAL EXPERIENCE

- Psychologist** **8/2003-Present**
Private Practice (Phoenix and Scottsdale, Arizona)
*Provides individual and couples therapy
- Staff Psychologist** **9/2001-7/2003, 3/2005-5/2005**
Arizona State University Counseling and Consultation (Tempe, Arizona)
* Provided individual and couples therapy.
* Supervised a doctoral student.
* Conducted crisis assessment and intervention.
- Psychotherapist** **4/1997-9/2000**
Northeast Catholic Counseling Center (Portland, Oregon)
*Provided individual and couples therapy.
*Conducted group supervision.
*Specialized in working with infertility issues & difficult pregnancies.
- Psychology Resident** **9/1994- 4/1997**
Lewis & Clark College Counseling Center (Portland, Oregon)
*Provided psychotherapy for a range of clinical concerns.
*Conducted crisis assessment and intervention.
- Pre-Doctoral Intern** **8/1993-8/1994**
The University of Iowa University Counseling Service & The University of Iowa Hospital (Iowa City, Iowa)
APA Accredited Internship
*Provided individual and couples therapy.
*Supervised practicum students.
*Adult Outpatient Psychiatry, Mood disorders clinic.
*Conducted groups for bulimia and self-esteem.
- Contract Therapist** **7/1992-7/1993**
Jewish Family and Children's Service (Glendale, Arizona)
*Conducted individual & family therapy with sexual abuse survivors.
*Provided couples therapy.
- Staff Therapist** **1/1992-5/1992**
Arizona State University Counseling and Consultation (Tempe, Arizona)
* Provided individual and couples therapy.
*Conducted crisis intervention.
- Practicum** **8/1989-5/1990**
Field Placement *Arizona State University Counseling and Consultation* (Tempe, Arizona)
* Provided individual and couples therapy.
*Co-facilitated Interpersonal Relationship and Career Development

Groups.

Doctoral Practicum

8/1988-5/1989

Arizona State University Counselor Training Center (Tempe, Arizona)

*Conducted individual, couples and family therapy.

*Performed intake assessments.

Practicum

Externship

1/1988- 5/1988

Camelback Hospital (Phoenix, Arizona)

*Assisted with psychodrama for inpatient population.

*Co-facilitated substance abuse groups.

Masters Practicum

8/1987- 12/1987

Arizona State University Counselor Training Center (Tempe, Arizona)

*Conducted individual, couples and family therapy.

*Performed intake assessments.

SUPERVISION

Supervisor

8/2007-5/2010

Lifescape (Scottsdale, Arizona)

- Primary Supervisor for a Resident.

Supervisor

8/2005-8/2007

Southwest Naturopathic College (Tempe, Arizona)

*Secondary supervisor for an intern and resident.

SPECIALIZED TRAINING

Certificate Program in Primary Care Behavioral health (2014)

University of Massachusetts Medical School, Center for Primary Care

Interpersonal Therapy Training Level A (2013)

Interpersonal Therapy Institute

Civilian Training in Support of Veterans for Behavioral Health Providers (2013)

Center for Deployment Psychology

Fundamental Ericksonian Hypnosis Training (2012)

The Milton H.Erickson Foundation

PUBLICATIONS

- Hogg, A., Merrin, L., Schulte, D., Caterino, L., Polansky, J., & Hwang, B.J. (2014). Building a Psychology Training Community. *APPIC E-Newsletter*.
- Horan, J.J. & Polansky, J. (1992). Behavioral Treatment. In V.B. Van Hasslet & M. Hersen (Eds.), *Handbook of behavior therapy and pharmacotherapy for children: A comparative analysis*. Boston: Allyn & Bacon.
- Pidcock, B. & Polansky, J. (2001). Clinical practice issues in assessing for substance use disorders. In E.R. Welfel (Ed.) *Clinical Practice Issues*. Brookes Cole Publishing: Pacific Palisades, California.
- Polansky, J., Buki, L.P., Horan, J.J., Ceperich, S.D., & Burrows, D.D. (1999). The effectiveness of substance abuse prevention videotapes with Mexican American adolescents. *Hispanic Journal of Behavior Sciences*, 21,2, 186-198.
- Polansky, J. (1999). What I learned about self-care while being cared for. *The Counselor*, 10, 1-3.
- Polansky, J., Horan, J.J. & Hanish, C., (1993). Experimental construct validity of the outcome of study skills training and career counseling as treatment for the retention of at-risk students. *Journal of Counseling and Development*, 71, 488-492.
- Olson, C.M., Horan, J.J., & Polansky, J. (1992). Counseling psychology perspectives on the problem of substance abuse. In S.D. Brown & R.W. Lent (Eds.), *Handbook of Counseling Psychology*. New York: John Wiley & Sons.

THESES

- Polansky, J. (1993). *Common and specific outcomes of an evaluation of substance abuse prevention videotapes on Mexican-American adolescents*. Doctoral Dissertation. Arizona State University, Tempe, Arizona.
- Polansky, J. (1991). *Experimental construct validity of study skills and career counseling on student retention*. Master's Thesis. Arizona State University, Tempe, Arizona.
- Polansky, J. (1986). *Applied ethnography among the Pascua Yaqui: an evaluation of the WIC program*. Master's Thesis. Temple University, Philadelphia, Pennsylvania.

PRESENTATIONS

Polansky, J. (2014). Opening Remarks. Presented to the Supervisors at the State Conference for Supervisors, Interns and Residents, Arizona State University, Tempe, AZ.

Polansky, J. (2008). Best Practices in Supervision. Presented to the Supervisors at the State Conference for Supervisors, Interns and Residents, Arizona State University, Tempe, AZ.

Polansky, J. (2007). Ethical Issues and Supervision. Presented to the Supervisors at the State Conference for Supervisors, Interns and Residents, Arizona State University, Tempe, AZ.

Polansky, J. (2006). Legal and Ethical Issues Pertaining to Supervision. Presented to the Supervisors at the State Conference for Supervisors, Interns and Residents, Arizona State University, Tempe, AZ.

Polansky, J. (2005). Interpersonal Therapy. Presented to the students in the Arizona Psychology Training Consortium, Phoenix, AZ.

Polansky, J., Hanish, C. & Jones, C. (2003). Changes in the American Psychological Association Code of Ethics. Presented at Counseling and Consultation, Arizona State University, Tempe, AZ.

Polansky, J. (2002). Interpersonal Therapy for Beginners. Presented at Counseling and Consultation, Arizona State University, Tempe, AZ.

Polansky, J. (1999). Supervising Culturally Diverse Students. Division 17 Roundtable Discussion at the annual meeting of the American Psychological Association, Boston, MA.

Polansky, J. (1999). Educational versus Employee Models of Supervision. Presented at the annual meeting of the Oregon Counseling Association. Seaside, OR.

Polansky, J. & Sturm, C. (1998). Ethical Issues in Supervision and Consultation. Presented at the annual meeting of the Oregon Psychological Association. Glen Eden, OR.

Polansky, J. (1998). Working Proactively with Troublesome Practicum Students. Guided discussion at the annual meeting of the American Psychological Society, Washington D.C.

Polansky, J., Golstein, S., George, T., Schneider, J. & Sauer, E. (1998). Training issues arising from College Counseling Center Diversity. Presented at the annual meeting of the American Psychological Association, San Francisco, CA.

Polansky, J. (1998). Both Sides of the False Memory Debate. Presentation for Continuing Education, Lewis and Clark College, Portland, OR.

Polansky, J. (1996). The False Memory Debate: Both Sides Now. George Fox University, Guest Lecture Series, Newburg, OR.

Polansky, J. (1996). Limitations Caused by Confidentiality: Ethical Concerns on a College Campus. Presentation to the Human Affairs Department at Lewis and Clark College, Portland, OR.

Hackett, G., Morrow S., Urbanski, L., McWhirter, E., Olson, C., & Polansky, J. (1996). Relations to Variants of Feminist Counseling. Paper presented at the annual meeting of the American Psychological Association, Toronto, Canada.

Polansky, J. (1995). Teaching Psychotherapists: The ethics of our Teaching. Paper presented at the annual meeting for The Society of Psychotherapy Research, Vancouver, B.C.

Polansky, J. (1994). Psychological and Emotional Development of Entering College Students. Presented at the Parent's Orientation, The University of Iowa, Iowa City, IA.

Enns, C.Z., Corkery, J., McNeilly, C., Polansky, J., Giblett, M. & Stockman, A. (1994). The False Memory Debate: Implications for psychologists, clients and relationships with outside communities. Presented at the Big Ten Counseling Center Conference, Chicago, IL.

Polansky, J., Hogan, J.J., & Hanish, C. (1993). Experimental Construct Validity of Interventions for Retaining At Risk Students. Presented at the annual meetings of the American Psychological Association, Toronto, Canada.

Polansky, J., Hogan, J.J., Buki, L., Kornfield, S., Ceprich, S.D., & Burrows, D.S. (1993). General and Specific Effects of Substance Abuse Prevention Videotapes. Presented at the annual meetings of the American Psychological Association, Toronto, Canada.

Polansky, J. (1990) Cross-cultural diagnosis: An Issue of Reliability and Validity. Presented at the annual meetings of the American Psychological Association, Boston, MA. Won an Honorable Mention in the student writing competition Division 29.

REVIEWER

American Psychological Association, Division 17, Conference Committee
Reviewed conference proposals. (1997-1998)

Oregon Psychological Association, Conference Committee
Reviewed conference proposals. (1997-1998)

Association of Women in Psychology, Conference Committee
Reviewed conference proposals. (1995)

PROFESSIONAL MEMBERSHIPS AND AFFILIATIONS

Arizona Supervisor's Conference (2006-2015)
Conference Planning Committee Member

Arizona Psychology Training Consortium (2005-2011)
Board Member
Co-director of Training (2005-2007)

American Psychological Association (1988-present)
Conference Committee (1997-1999)
Continuing Education Committee (2001-2003)

Arizona Psychological Association (2000-present)
Continuing Education Committee (2003-2005)

Diocese of Phoenix (2003 to 2009)
Clinical Review Panel for Sex Abuse Allegations

Oregon Board of Licensed Professional Counselors, member (1998-2000)
Governor's Appointee

Oregon Counseling Association (1995-2000)
Licensed Professional Counselor Board Liaison (1999-2000)
Oregon Association of Counselor Educators and Supervisors, President (1998-1999)

Oregon Psychological Association (1997-2000)
Conference Committee (1997-1999)

Raising Special Kids in Arizona (2000-2005)
Peer Helper

